



USING EVIDENCE TO DEVELOP METACOGNITION AND **SELF-REGULATION**

Metacognition and self-regulation is one of the most accessed strands of the EEF Teaching and Learning Toolkit and on average has an impact of 7 months additional progress. To capitalise on the potential of developing these independent learning skills, teachers and leaders need to understand what they are and how to develop them across the age ranges, starting at early years.

Delegates will:

- Develop an understanding of metacognition & self-regulation
- Be provided with the tools and processes for self-review
- Be provided with guidance on effective implementation
- Be offered practical resources and tools to use in school
- offer in-school training that is evidence based

Who is it suitable for?

Senior leaders, heads of departments or key stage leaders from primary, secondary and special schools.

Attendees will need a deep understanding of their organisation and the authority to afford change within it.

Delegates need to fully commit to the programme. It is vital that delegates are allocated with the - Be given the skills and knowledge to be able to necessary time, space and technology to attend all sessions, complete gap tasks and engage in programme evaluation.

Programme dates

Session 1 - Tue 4th May 2021 Session 2 - Mon 17th May 2021 Session 3 - Tue 8th June 2021

Session 4 - Wed 23rd June 2021 Session 5 - Wed 7th July 2021 All sessions from 2-4pm

In addition to attending these live sessions, there is an expectation that participants will engage in a recorded asynchronous launch and three intersessional tasks. There will also be the opportunity for optional follow-on support.

The success of the programme is as dependent on the intersessional activities as it is on the live sessions. Therefore we recommend participants calendar 90 minutes between the live dates in order to engage with these tasks successfully.

Any further questions please contact:

Julie Kettlewell, Assistant Director of Huntington Research School specialising in metacognition and self-regulation who will be leading this programme.

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TICKETS AVAILABLE AT: https://researchschool.org.uk/huntington/events