



Why Modelling Works: Using Live Modelling to Reduce Cognitive Load

Session Overview

How do we effectively support students of all abilities and backgrounds in accessing writing and expressing their ideas with clarity?

Join leaders from Exchange Research School and Delta Academies Trust as we explore the Education Endowment Foundation's (EEF) research around improving literacy in secondary schools, particularly around how practitioners can reduce cognitive load through adaptive teaching and modelling. Partake in this first-of-its-kind webinar as we explore evidence of this implemented effectively in the classroom, and what this might look like in your own specific context.

Book your free place:

<https://researchschool.org.uk/exchange/events-and-training>



Session Details



Date and time

Tuesday 24th February 2026, 15:30-16:30



Audience

Secondary English teachers and teachers with an interest in modelling writing.



Facilitators

Alex Leonard, English Teacher & Evidence Lead in Education (ELE), and Ricky Iftikhar, Director of English for Delta Academies Trust.



Online event



rs@exchangepartnership.org.uk



03451 450075 (option 3)



Exchange Research School at Don Valley Academy



@Exchange_RS